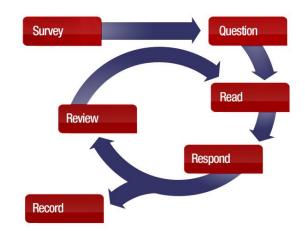
SQ4R Worksheet

Use this worksheet for each of your readings to help you concentrate and focus while you read, improve your understanding of the information and use your time more effectively.

Survey:

For each resource:

- A. Examine the chapter and section titles, headings and subheadings.
- B. Read introductions, conclusions, abstracts and chapter summaries.
- C. Take note of any bold or italic print.
- D. Observe graphics, diagrams, charts, tables, formulae, and boxed inserts.



Questions:

What is the chapter/article about?	
What key points or subtopics are	
included?	
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Add any further questions that o	come up for you as you Survey the reading:
Question:	
Question:	
Answer	
Allower.	



Read:

For each resource:

- A. Break the material into appropriate and manageable sections.
- B. Examine closely the first sentence of every paragraph to gain an idea of what will be discussed.
- C. Look for the answers to your questions within the text and note any new questions that arise.

Respond: As you read, you will have a variety of	
reactions to the text - excitement, confusion, annoyance, etc. Ask yourself	
what, specifically, in the text leads you to react in a particular way.	
Record:	
Your notes serve primarily as a summary or synthesis of main ideas,	
a starting point for future reference and reflection, and a way back into the	
reading for key quotes or concepts. Be sure to note the source, including	
page numbers of ideas or quotes.	
Review:	
Review your questions and the notes you have made. Compare the	
information in the text you have just read with your knowledge of the	
topic from other readings.	
 What is the evidence or reasoning put forward in support of the claims? 	
 What objections could be raised to 	
the ideas and arguments put forth by the author? Do you agree or	
disagree with these arguments, or have alternatives?	
 What does the author want you 	
to think? What's left out?	



